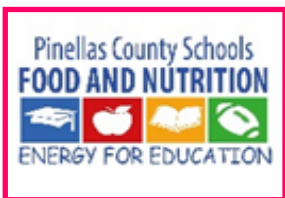


OCTOBER 2024 Pre-K in class Breakfast Menu



Cold Cereal Variety

May contain no more than 6 grams of sugar

- Cheerios Oats
- Cinnamon Chex
- Cinnamon Toast Crunch
- Marshmallow Matey's

Monday	Tuesday	Wednesday	Thursday	Friday
<p>For Menu & Nutrition Information or to download the app on your device Visit MealViewer.com</p> 	<p>1 Cold Cereal Variety (WG) Sun Sweet Dried Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>2 Eggo Cinnamon Waffle Mini Bites (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>3 Cold Cereal Variety (WG) Orchard Cupped Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>4 Maple Sausage Pancake Wrap on a Stick (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>
<p>7 Chicken Biscuit (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>8 Cold Cereal Variety (WG) Sun Sweet Dried Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>9 Egg, Ham & Cheese Croissant (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>10 Cold Cereal Variety (WG) Orchard Cupped Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>11 Blueberry Pancake Mini Bites (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>
<p>14 15 NATIONAL 16 SCHOOL 17 LUNCH 18 WEEK</p>				
<p>No School for Students</p> 	<p>Cold Cereal Variety (WG) Sun Sweet Dried Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>Chicken Waffle Sandwich (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>Cold Cereal Variety (WG) Orchard Cupped Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>Cheese Omelet Wrap (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>
<p>21 Country Sausage Gravy Breakfast Pizza (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>22 Cold Cereal Variety (WG) Sun Sweet Dried Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>23 Eggo Cinnamon Waffle Mini Bites (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>24 Cold Cereal Variety (WG) Orchard Cupped Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>25 Maple Sausage Pancake Wrap on a Stick (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>
<p>28 Chicken Biscuit (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>29 Cold Cereal Variety (WG) Sun Sweet Dried Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>30 Egg, Ham & Cheese Croissant (WG) Seasonal Fresh Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	<p>31 Cold Cereal Variety (WG) Orchard Cupped Fruit Unflavored 1% Low-Fat or Fat-Free Skim Milk</p>	

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